

Board of Directors' Meeting Minutes

NAMI Whatcom

March 9, 2022

Virtual (Zoom)

Approved by Motion 2022-05-12.1b

Present

Board: Kim Brown (Treasurer), Tom Scott (Secretary), Rosemary Webb and Chris Ohana.

Staff: Kim .

Volunteers: None.

Guests: Brylie Taylor.

Absent

Board (Excused): Brian Estes (President), Mieka Rhoades (VP) and Blaire Sebren

Called to Order by Rosemary 12:01pm.

Mission Statement – Rosemary

Land Acknowledgement – Not ready

Prior to the Consent Agenda being presented, Tom requested by unanimous consent that the February Board Minutes be removed from the Consent Agenda due to a missing statement, still pending and issues in the attendance portion of the minutes currently available. Consent was given.

Ice Breaker – Chris Ohana

Consent Agenda: Motion 2022-03-09.1 Accept the consent agenda as amended (dropping December Minutes) and amended.

Passed unanimously.

- **2022-03-09.1a** Approve December 2021 Board Meeting Minutes as presented;
- ~~**2022-03-09.1b** Approve February 2022 Board Meeting Minutes as presented;~~ - Stricken from CA per above.
- **2022-03-09.1c** Treasurer's Report as presented.

Strategic Plan Update – General Discussion

Goals Implementation focus.

Rosemary and others were impressed with the layout, formatting and content.

Chris requested that the document be posted on the web site to facilitate discussion and possible acceptance at the next Board Meeting.

Kim S. on Mieka's behalf noted that input was needed/requested for implementation.

A broader discussion ensued regarding implementation and whom would take on what goals.

NAMI Washington has not yet completed a 2022 NAMI WA Evaluation Plan. Chris will update the Board when that document is provided. Other broad discussion ensued.

Leader Input in April – Chris

The Strategic Plan will be e-mailed to all volunteer leaders & facilitators for their input next month.

Fundraising Committee – Rosemary (Chair)

Rosemary led a discussion to determine a recurring Fundraising Committee day/time. Brian is on the committee, Rosemary chairing, Kim S. will attend, Chris and Brylie will attend.

Consensus was to meet every other Tuesday at noon starting April 5.

Lobby Day - Chris

It went well. However, the "talking points" were late in arriving with some participants leaving before the end. Kim S. added that Brian thought it went fine.

Kim S. noted that legislation seems to be progressing with all passed or on the Governor's desk.

HB 1890 for youth X was moving along.

Kim B., knowing one of the Cascadia reporters, looking for approval to approach them to write an article regarding highlighting 1735 and NAMI Whatcom in general.

Kim B. was also interested in sending a letter to the City Council regarding 1735 asking that BPD reinstate the Behavioral Health Officer.

Kim S. noted that CIT, Crisis Intervention Training had been imparted to all BPD officers (40 hours) to the best of her knowledge.

NAMI Whatcom Marketing – Kim S.

Kim noted the production of 3 Minute Pitches for Board Members and others to discuss NAMI Whatcom with the general public.

Brylie presented her lived experiences.

Discussion ensued about further similar 3-5 minute presentations and possibly fuller 30-60 minute presentations to the Board. A consensus was to encourage as frequent 3-5 minute presentations, such as Brylie's and intermittent longer presentations. The shorter presentations, when available could take the place of the Ice Breaker in a format of the brief presentation followed by a brief Q&A if questions come to mind.

The Board expressed appreciation to Brylie for a very well done extemporaneous presentation.

Clubhouse – Kim S.

A volunteer group of 3 has been active in looking into creating a Whatcom Clubhouse similar to the Hero House clubhouses in the Seattle area.

The **Health Care Authority (HCA, State)** is willing to fund such a project in the amount of \$169 for the current fiscal year of June 2021 through June 2022.

Such a Clubhouse would provide resources, such as computers and a structured day.

During a meeting that Kim S. could not attend, the volunteer group was provided a "Schedule A, Statement of Work" portion of an HCA contract. While the Schedule A provided to the Board the parent Contract was not yet available. The contract is to be between the HCA and a 501(c)3, initially NAMI Whatcom but, later, with a new 501©3 to be spawned off from the current project. The contract/Schedule A are for fiscal year June 2021 through June 2022 with a new contract to be set for the next fiscal year.

Two from HCA contacted Kim S. stating that the decision date was not this Friday, as previously related, but Friday, March 25.

Kim B and Tom noted that there is fiscal responsibility and a need to be careful in knowing exactly what NAMI Whatcom exposer this may present. Rosemary later agreed with that concern. Someone questioned attachment of the NAMI Whatcom name to the project.

A consensus asked Kim S. to approach the HCA, Kailey (Hero House) and hopefully a quorum of Board members. Shooting for Tuesday.

Russ Sapienza, Board Member Emeritus

Due to the demands of a new job, Russ needed to resign his position on the Board. Russ will still volunteer with NAMI Whatcom. Board Members stated their appreciation for Russ's years of supporting the organization.

Next Board Meeting

Kim B. to facilitate next meeting scheduled for **April 14, 2022 at noon**. Kim S. will see if she can find a new lived experience presenter for that meeting.

Adjourned 1:031pm (Called by Rosemary)

Action Items (outstanding from previous meetings)

- Board members – Provide regular, preferably monthly financial contributions. – Ongoing.
- Kim S. – Poll Board members for fundraising networking leads. – Ongoing.
- Brian – NAMI Whatcom inquiry to Washington regarding how Op Ed was formulated.

Action Items (from this meeting)

- Kim S. and possibly others to find Lived Experience presenters for future Board Meetings.
- Chris to obtain Evaluation materials from NAMI Washington.

Parked/Tabled Items

- Brian to keep Board up to date on activities of Public Policies Committee particularly on the "Behavioral Framework" document.
- Under Policies (Subcommittee) review and determine "Standing" and "Ad hoc" committees as Policies and NOT as part of the Bylaws (which do not currently specify).
- At Annual Board Meeting after Officers Election, formally note the appointed officers such as X Liaisons so that Board and other members may know to whom to refer when needed.

Supporting/Related Resources

- Schedule A, Statement of Work. Relating to the Clubhouse proposal contract.
- Health Care Authority parent Contract for the Schedule A document.

Respectfully submitted,

Thomas R. Scott, Secretary