

Board of Directors' Meeting Minutes

NAMI Whatcom

December 9, 2021

Virtual (Zoom)

Approved by Motion 2022-03-10.1a

Present

Board: Rosemary Webb (President), Tom Scott (Secretary), Mieka Rhoades, Brian Estes (VP) and Chris Ohana.

Staff: Kim Sauter (Executive Director).

Volunteers: Deana.

Guests: Alan Friedlob

Called to Order by Rosemary 12:02pm.

New Journeys Program - Alan

Alan provided insight into current situation regarding behavioral health community responses and how New Journeys addresses some of the issues.

Alan noted existing financial costs vs. program costs. He also noted some of the parameters being evaluated to determine need vs. program's costs.

Whatcom County Serious Mental Illness Coalition. Deana related the WCSMIC's efforts to bring New Journeys to Whatcom County. "The money is there." NAMI will be a sponsor of presentation to providers.

Ed Forum to Community targeting providers. Thursday, January 13, 7pm on Zoom.

When asked what NAMI could do, Deana said talk to providers. Foster advocates among the provider community.

Kim requested to get the flyer for distribution to members. Deana and Alan are distributing to providers.

Consent Agenda: Motion 2021-12-14.1 Accept the consent agenda as presented and amended.

Moved by Brian, Mieka. Passed unanimously.

- **2021-12-14.1a** Approve 2021-09-09 Board of Directors Meeting Minutes as presented.
- **2021-10-14.1b** Accept Treasurer's Report for November as presented.

Compilation Report (Fiscal Audit) - Rosemary

The cost will be \$5,000 for

Grants – Rosemary, Kim

Obligations - Rosemary

Resiliancy \$10,000 spent \$500.

LatinX Outreach (salary & admin costs) spending is on track \$2,900 to spend.

Two New Grants - Kim

Video Messaging Grant

LatinX Grant

Marketing Grant Update – Kim

Will have videographer and two other individuals involved. \$15,000. To be performed in April. Three (3) volunteers will take part in the videos.

Implementing Goals of Strategic Plan – Brian

Will have decent first draft to present at the January Board Meeting.

Board Term “Balancing” – Tom

Extended Rosemary’s and Brian’s terms from one year to two years.

Motion 2021-12-09.2 To extend Rosemary’s and Brian’s terms from one to two years. **Moved Tom, Mieka. Passed unanimously.**

New to Board Applicants - Kim

Kim Brown, Blaire _____ were interviewed by Kim, Rosemary & Tom.

Karen King is interested.

Chris arrived at this point (noted for purposes of following motions).

Motion 2021-12-09.3 Appoint Kim Brown, Blaire Sebren to the Board of Directors and to stand for election in January Annual Meeting Brian, Mieka. **Moved Brian, Mieka. Passed unanimously.**

Advocacy - Brian

US Surgeon General announced document regarding advocacy. Brian will distribute

Kathrine Seibold has resigned from NAMI Washington advocacy position. Lobby Day will go forward as planned.

HB1310 is definitely going to be amended regarding Involuntary Treatment.

Public Policy - Brian

Thank you Chris, for being a co-representative.

Brian will be traveling first three months of 2022 and will take a lesser role during that time.

Volunteer Appreciation - Kim

Cards go out tomorrow!!! Need signatures, STAT!.

Equity Diversity & Inclusion (EDI) Training - Kim

Please note EDI training this weekend. Just sent out notice.

Next meeting Board Meeting, January 13th @ Noon, at/via Zoom to be chaired by Brian.

Devopement Fundraising Committee – Rosemary

Brian is joining to Public Policy Committee and wishes to step down as Chair of Development Committee.

We will reorganize in the new year.

Bylaws

Bylaws and Standing Committees.

Brian & Tom recommend adding this topic to the January Board Meeting. Suggested standing committees are Finance & Fundraising, Advocacy and Public Policy.

Adjourned 1:10pm

Action Items (outstanding from previous meetings)

- Board members – Provide regular, preferably monthly financial contributions. – Ongoing.
- Kim – Poll Board members for fundraising networking leads. – Ongoing.
- All – Recruit Peer and Peer Ally Board Member Candidates. – Ongoing.
- Brian – NAMI Whatcom inquiry to Washington regarding how Op Ed was formulated.
- Board – Adjust Board terms to “balance” them for elections. – After Annual Elections.

Action Items (from this meeting)

- Rosemary, Brian, Mieka & Chris – Bios (original/updated) as required for Annual Board of Directors’ Election.
- Tom & Kim – Create/issue announcement for Annual General Membership Meeting, including agenda and director nominations (with bios) – During week or two after December Board Meeting.

Parked/Tabled Items

- Brian to keep Board up to date on activities of Public Policies Committee particularly on the “Behavioral Framework” document.
- Under Policies (Subcommittee) review and determine “Standing” and “Ad hoc” committees as Policies and NOT as part of the Bylaws (which do not currently specify).
- At Annual Board Meeting after Officers Election, formally note the appointed officers such as X Liaisons so that Board and other members may know to whom to refer when needed.

Supporting/Related Resources

- None.

Respectfully submitted,

Thomas R. Scott, Secretary