

# Board of Directors' Meeting Minutes

## NAMI Whatcom

October 14, 2021

Virtual (Zoom)

Approved by Motion 2021-11-04.1a

### Present

**Board:** Brian Estes (VP), Bruce Smith (Treasurer), Tom Scott (Secretary), Gracie Lamb, Chris Ohana, Meika Rhoades.

**Staff:** Kim Sauter (Executive Director).

**Volunteers:** None.

**Guests:** None.

### Excused:

**Board:** Rosemary Webb (President), Russ Sapienza (emeritus).

### Called to Order by Brian 12:00pm.

### Amending Previous Minutes

The previous meeting's minutes were corrected and amended.

**Consent Agenda: Motion 2021-10-14.1** Accept the consent agenda as presented and amended.

**Moved by Gracie, Rosemary. Passed unanimously.**

- **2021-10-14.1a** Approve 2021-09-09 Board of Directors Meeting Minutes as presented.
- **2021-10-14.1b** Accept Treasurer's Report for October as presented.
- **2021-10-14.1c** Accept Executive Director's 3<sup>rd</sup> Quarter Report as presented.

### Budget Comparison – Kim

Kim took the Board through comparison grid noting an issue with one line that is probably in error. Kim stated she would take up the probable error with Rosemary in a day or so.

### 501 Commons Board Training, Brief Review - Kim

Kim asked how Board felt about the ongoing training/retreat series. The consensus was positive. Our cost is around \$1,500 due to discount. Otherwise, the cost would be \$7,000.

### Stigma Stomp Update (after action report)

139 registered, 119 attended on event day. The program went well. Lots of dogs, including a dog team. We made some money. The Committee met directly after the event.

### Finance Committee

Hoping for folks to show on either side of the Stigma Stomp banner.

### Grants

Chris announced working on grant (Kim writing) working with someone from Snohomish. Division of Behavioral Grants (NAMI Washington).

## Local Law Enforcement & Behavior Health Team - Gracie

Ofc. Serad is stepping down next year with no replacement in the queue. This is a step back. Ferndale PD - A couple meetings coming "Sharing Your Story" are being organized. Kim - This is an important program Considering reaching out to entire county local law enforcement.

Tom commented about using the "chain of command" to follow up as Ofc. Serad steps down from his position on BPD.

## Elections/Nominations - Kim

New Board members need to write up a bio to be used in the notice for the General Membership Annual Meeting and the Annual Board of Directors Annual Election.

The Board discussed the time/notice requirements for nominations. The topic was tabled by consensus for the November Board meeting. At that time, the terms will be balanced so that roughly half the Board will stand for election in 2021 per requirement of the Bylaws.

Board terms adjustments to "balance" the board such that Board turnover is roughly half each year. **By Consent**, again **Tabled** to be **on Agenda for either or both the November or December Board Meetings**.

## Volunteer Appreciation & Holiday Event

The Board discussed how to show appreciation of the volunteers. Covid constraints was a concern regarding in-person vs. virtual. The budget was discussed with questions regarding existing budget. **Consensus** coalesced around:

- a. The traditional thank you card and gift card recognition in December;
- b. Looking into a Summer NAMI Volunteer Recognition, in the open possibly at a local benefactor corporation with some specifics floated.
- c. Revisit a & b at November Board meeting.

## Coming External Meetings and Committees

- Discussed whom might be interested in joining the NAMI Wa Public Policies Committee.
- Kim mentioned NAMI Smarts trainings online.
- Next Ferndale Policing meeting, November 7 @ 11:00am

## Next Meeting Agenda Items

- Board term adjustments such that roughly half the Board members stand for election each year.
- Firm up nominations and get into some of the meat of the Annual Meeting agenda and timelines.
- Volunteer Appreciation Cards – December 2021.
- Volunteer Appreciation Event – Summer 2022.
- Recurring topic: Policing and Behavioral Health Calls.

**Next meeting Board Meeting, November 4 @ 11am, at/via Zoom.**

**Adjourned 12:57pm** – Moved Tom, Bruce.

## Action Items (outstanding from previous meetings)

- Board members – Provide regular, preferably monthly financial contributions. – Ongoing.
- Kim – Poll Board members for fundraising networking leads. – Ongoing.
- All – Recruit Peer and Peer Ally Board Member Candidates. – Ongoing.
- Brian – NAMI Whatcom inquiry to Washington regarding how Op Ed was formulated.
- Board – Adjust Board terms to “balance” them for elections.

## Action Items (from this meeting)

None.

## Parked/Tabled Items

- Brian to keep Board up to date on activities of Public Policies Committee particularly on the “Behavioral Framework” document.
- Under Policies (Subcommittee) review and determine “Standing” and “Ad hoc” committees as Policies and NOT as part of the Bylaws (which do not currently specify).
- At Annual Board Meeting after Officers Election, formally note the appointed officers such as X Liaisons so that Board and other members may know to whom to refer when needed.

## Supporting/Related Resources

- None.

Respectfully submitted,

Thomas R. Scott, Secretary