

NAMI Whatcom
Approved Board Meeting Minutes
August 1, 2024

Attending:

Board members: Kim B, Rosemary, Chris, Brian, Sue, Tom

Executive Director: Kim Sauter

Guest: none

Absent : Mieka

Notes by Chris

1. Meeting called to order @ 12:03 by Kim B
2. Ice Breaker: what band did you like growing up?
3. Consent Agenda: Both treasurer's report and July minutes are not available yet.
4. Major Issues for discussion/action
 - Reminder of the Bliss and Boogie fundraiser 9/8 from 12-4pm. Brylie will need volunteers.
 - Rosemary will be speaking and tabling at BUF on August 11.
5. Fundraising/Finance
 - Stigma Stomp registration will be live soon. Cost will be \$30 which includes the T shirt.
 - Peace Health meeting. Kim S and Kim B met with representatives from Peace Health. The meeting was excellent. They recommended a number of things: raising ask to \$5k, developing a strategic plan for fundraising, suggested a number of local places to ask for grants, build an identity
 - Superfeet gave each employee \$1,000 to donate to a nonprofit. \$6,700 was donated to NAMI, Whatcom
 - Charis grant has been submitted. We are waiting to see if we will be invited to submit full proposal.
 - We are waiting to hear from Umqua Bank.
6. Advocacy:
 - Brian will invite the Mayor to the Stigma Stomp.
7. Open Discussion:

Kim S and Kim B attended the leadership conference in Wenatchee. They focused on the use of data, connecting with Spanish speakers, and the importance of the family when dealing with mental health issues and the need to develop a network of volunteers. Kim S asked us to read chapter 5 of the NAMI handbook for affiliates and identify three issues that interested us.

Issues identified:

1. We need to revisit our bylaws. Tom offered to serve on a committee to revise them.
2. Much of the conversation centered on our lack of a succession plan . Rosemary emphasized that a succession plan is not about who will replace someone but rather how the process will work. Once more information is gathered, Rosemary and Tom will serve to develop a committee to develop a plan. Because of the busy schedule, this probably won't happen until after the new year.
3. Evaluations of the Board and of the board members.should the board members have job descriptions?
4. Onboarding of new members could be more formalized.
5. The board should plan a retreat.
6. Conflict of interest form should be signed every year. The board will distribute at our annual mtg

Tom describes his frustration with 988. Sue is meeting with 988 folks and will share feedback.

Next meeting September 5@ 12.
Sue will lead and Chris will do the icebreaker.

Adjourned at 1:20