

## NAMI Whatcom Approved Meeting Minutes 2/9/23

Virtual

Present: Directors: Brian, Mieka, Kim B, Blaire, Jill, Chris, Rosemary

Staff: Brylie, Kim S

Absent: Tom

Called to Order 5:31pm by Chris reading NAMI Whatcom Mission and Kim S Land Acknowledgement

Brylie: Social media report

Reported increased presence on social media. Increased interest in programs due to social media. Several volunteers are working as part of a social media committee. Discussion regarding promotion of 988 using SAMSHA materials.

Icebreaker: Rosemary

Consent agenda motion to approve Treasurer Report without January meeting minutes. Moved Brian, Seconded by Rosemary.

Passed unanimously

Discussion of Bilingual Community Outreach Specialist Position.

Upcoming Events Annual

- General membership meeting 6:30p Feb 23<sup>rd</sup>,
- Hiding in Plain Sight WCC May 3,
- Maastricht Interview Ed Forum Feb 27 6:30p

Kim S present NAMI Whatcom Child and Youth Prevention and Safety Policy discussion to remove "prevention" and add to current NAMI Whatcom Policy and Procedures.

Proposed 2023 Budget Discussion led by Rosemary. Motion to approve 2023 Budget . Motion to approve, moved by Brian, seconded by Jill. Passed unanimously.

Advocacy Lobby Day Feb 20 Chris and Brian. Bills NAMI WA is supporting include:

- HB 1724: related to behavioral health workforce
- HB 1134: 988 rollout
- SB 5300: Continuing Care related to prescriptions
- Also Action Alerts related to SB 54400 related to competency restoration

Strategic Plan: Board Matrix

Brian lead discussion of results. Discussion of many strengths and will continue in later meetings to work on diversity in recruitment. Blaire noted compensation for those representing underrepresented constituents.

Next Meeting Discussion. Meeting date changed to 2nd Monday Evening of the month 5:30p

Next meeting March 13 5:30p. Kim B will facilitate and Jill icebreaker

Board adjourned to Executive Session 7:00pm

Submitted Ksauter 2/15/23