

APPROVED-Board of Directors' Meeting Minutes

NAMI Whatcom

November 2023

Present

Board: Mieka Rhoades (VP), Kim Brown (Co-President), Brian Este (Co-President), Chris Ohana (Secretary), Rosemary Webb (Treasurer), Tom Scott

Staff: Kim Sauter (Executive Director).

Absent: None

Called to Order – Brian Estes 5:35 PM

Mission Statement – Brian Estes

Land Acknowledgement – Brian Estes

Ice Breaker – Chris Ohana

Consent Agenda: Motion (Mieka) and second (Brian) to adopt October Minutes and Treasurer's report were made.

- **Motion – 11/13/2023.1a** The minutes were unanimously approved October 2023 Board Meeting Minutes with the provision of edits by Brian.
- **Motion 11/23/2023.1b** Treasurer's Report for October was approved as presented.

Major Issues for Discussion

- Website – Tom
Our domain name will expire
 - different domain name after it expires. That domain name will be active for 10 years.
 - Negotiations with Health dept are over and we are just waiting for approval.
 - Committee is working on a weekly back-up.
 - They are updating administrative permissions.
 - In next few weeks things should be set.
- Volunteer Open House is Dec 8. Please attend... and bring cookies!
- NAMI Conference
 - Kim B and Brian attended. Kim S heard parts.
 - Kim B heard about an interesting and promising program by Girls and Boys Club. They have a new emotional support program which aims to de-escalate problems instead of isolating kids.
- Public Policy – Brian
 - Brian attended a meeting with state legislators (most from eastern WA) and was pleased with their enthusiasm.
 - address those.
- Staffing – Kim S
 - There are issues with our materials for outreach in Spanish. NAMI.WA is aware and working to
 - Peter has met with volunteers and is building relationships.
- Open Discussion – All
 - Rosemary reported that NAMI made \$11,097.31 with Stigma Stomp. A bit less than in past years.
 - Brian dumpster-dove and retrieved several sandwich boards.
 - Our CPA retired. We discussed how to replace him.
 - Kim S. discussed the grant that we are writing to submit to Chuckanut Health Foundation. It is for \$40k and is due by end of the month. Brylie is developing a partnership strategy to work with M.A.D. Hope
 - The state legislature will designate funds specifically for NAMI.WA. We present a proposal for funds when we know more.

- Kim B and Rosemary volunteered to table at the library. Kim S will arrange.
- Brian announced that the jail initiative passed. It will be at least 5-6 years before it will open. Staffing for mental health is not consistent in the current facility.
- Rosemary and Kim B volunteered to deliver NAMI pamphlets to the jail for family members.

The General Meeting may replace the January Board meeting. To be decided next month.

Meeting was adjourned by Brian at 6:41pm.

December meeting (Dec 11) will be chaired by Kim B.
Icebreaker by Brian.

Respectfully submitted by
Chris Ohana