

**Board of Directors' Approved Meeting Minutes**  
**NAMI Whatcom**  
**February 12, 2024**  
Virtual (Zoom)

**Present**

**Board:** Brian Estes (Co-President), Kim Brown (Co-President), Mieka Rhoades (Vice-President), Rosemary Webb

**Staff:** Kim Sauter (Executive Director)

**Volunteers:** None

**Guests:** None

**Absent:** Tom Scott, Chris Ohana

**Called to Order by** Mieka

**Mission Statement** read by Mieka

**Land Acknowledgement** read by Mieka

**Ice Breaker** led by Brian

**Consent Agenda: Motion 2024-1-8.1** Accept the Consent Agenda as presented. Brian, Mieka, unanimously approved.

- **Motion 2024-1-8.1a** Approve January 2024 Board Meeting Minutes as presented.
- **Motion 2024-1-8.1b** Treasurer's Report for January as presented.
- **Motion 2024-1-25** Annual Meeting Minutes as presented.
- **Motion 2024-1-25** Board of Directors Minutes as presented.

**Major Issues for Discussion - All**

- NAMI Walks WA
  - June 1, 2024
  - We've never lined up sponsorships in the past.
  - New agreement to sign regarding participation.
  - Discussion ensued as to NAMI Whatcom's desired level of involvement.
- Kim S brought up efforts at the state level to improve trainings regarding organization and professionalism.
- Brylie met with MAD Hope. We will be setting up a partnership to work together in the schools.

**Finance/Fundraising Committee – Rosemary**

- Rosemary will have the budget ready for March 11, 2024 meeting.
- We received Whatcom Community Wellness Grant for \$5,000.
- We applied for and are waiting to hear about:
  - Chuckanut Health Foundation Grant - \$40,000

- NAMI Tardive Dyskensia Grant - \$5,000
- NAMI Kohl's Support Group Grant - \$10,000
- Stigma Stomp is October 5, 2024.
- Depressed Cake Shop in May, 2024.

**Advocacy, Behavioral Health – Brian**

- Lobby Day, March 19, 2024 in Olympia.
- Eight people have signed up.
- Training video January 15, 2024, 6:00pm
- Brian reported that SB 5300: Continuity of Coverage for Behavioral Health Prescription Drugs failed to move forward.

**Next Meeting**

- March 11, 2024 at 5:30pm via Zoom
- Leader: Brian
- Icebreaker: Rosemary

**Adjourned: 6:28pm**

Respectfully submitted,

Kim Brown  
(Co-President)