

**Board of Directors' Approved Meeting Minutes**  
**NAMI Whatcom**  
**March 11, 2024**  
Virtual (Zoom)

**Present**

**Board:** Brian Estes (Co-President), Kim Brown (Co-President), Mieka Rhoades (Vice-President), Rosemary Webb

**Staff:** Kim Sauter (Executive Director)

**Volunteers:** None

**Guests:** None

**Absent:** Chris Ohana, Tom Scott

**Called to Order by** Brian

**Mission Statement** read by Brian

**Land Acknowledgement** read by Mieka

**Ice Breaker** led by Rosemary

**Consent Agenda: Motion 2024-2-12.1** Accept the Consent Agenda as presented. Mieka moved, Brian 2<sup>nd</sup>, unanimously approved.

- **Motion 2024-2-12.1a** Approve February 2024 Board Meeting Minutes as presented.
- **Motion 2024-2-12.1b** Approve Treasurer's Report for February as presented.

**Major Issues for Discussion - All**

- State Training
  - Consultant hired to investigate a formal complaint brought by six executive directors to Lauren and the board regarding a training.
- 2024 Budget
  - No changes proposed to the budget.
  - Payroll section shows increased salary rates.
  - Kim B made motion to approve the budget, Brian seconded, passed unanimously.

**Finance/Fundraising Committee – Rosemary**

- We need to update our 990 form as the language is outdated.
- We submitted a Kohl's support group grant proposal.
- Kim S is submitting reports for grants.
- Kim S wrote a NAMI scholarship grant for Brylie to go to Denver for NAMICON 2024.
- Kim S will sign contract for NAMI Walks, held June 1.
- Stigma Stomp is October 5, 2024. We need to send out a "Save the date!"

- Kim S, Kim B and Chris are writing a grant proposal for a Mt. Baker Foundation Go!Grant.
- Brian suggested a musical fundraiser with karaoke.
- Kim B will contact Shirlee Bird about holding a Depressed Cake Shop in May, 2024.

#### **Advocacy, Behavioral Health – Brian**

- Lobby Day, March 19, 2024 in Olympia. Kim S reported that all went well.
- Brian will present to the Incarceration Reduction Task Force about 988. Volunteers of America (VOA) will present as well.
- Brian would like to see the 988 number promoted on the County's website.
- NAMI is the only mental health organization that lobbied for 988.
- NAMI Reimagining Crisis Response – many calls are resolved without making a referral.
- Brian will go to the first meeting of the City of Bellingham Plan Focus Group.

#### **Next Meeting**

- April 8, 2024 at 5:30pm via Zoom
- Leader: Kim B
- Icebreaker: Mieka

**Adjourned: 6:42pm**

Respectfully submitted,

Kim Brown  
(President)