

Board of Directors' Meeting Minutes

NAMI Whatcom

September 11, 2023

Virtual (Zoom)

Approved by Motion 2023-10-09.1a

Present

Board: Mieka Rhoades (VP), Tom Scott (Secretary), Brian Este (Co-Pres), Chris Ohana (Treasurer), Rosemary Webb.

Staff: Kim Sauter (Executive Director).

Volunteers: None.

Guests: None.

Absent

Board (Excused): Kim Brown.

Called to Order by Mieka 5:34 pm.

Mieka read the Mission Statement and the Land Acknowledgement.

Ice Breaker – Chris.

Consent Agenda: Motion 2023-09-11.1 Accept the Consent Agenda as amended. **Tom, Brian. Passed Unanimously.**

- **Motion 2023-09-11.1a** Approve August 2023 Board Meeting Minutes as with minor amendments to be sent from Brian.
- Treasurer's Report(s) were stricken from the consent agenda for further review.

Major Issues for Discussion

- Stigma Stomp
 - October 7, Saturday
 - Need to make sure any shirt orders are in by tomorrow, close of business.
- Conference for NAMI Washington
 - October 14
 - Early bird sign-up still open...
- Position for Provider to Provide One-to-One Support

For individual who need more in person 1on1 support.

 - Training was provided by two organizations.
- Rosemary mentioned fielding a question at Greek Fest regarding what NAMI Whatcom "...is doing for youth".
 - Brian noted a NAMI national rolling out a program targeting high schools...
 - Based on and/or related to *NAMI on Campus*. Brian to look into for next Board meeting.

Finance/Fundraising Committee – Rosemary

- Stigma Stomp - Rosemary
 - Kim noted that advertising signs (such as yard signs) are available for pick-up.
- Bloom Consulting Grant - Kim
 - We did not get the grant.
 - Will talk to our grant people, including the Chuckanut group in the next few weeks

Advocacy Behavioral Health – Brian

- Youth Behavioral Health - Brian
 - Open House/Ribbon Cutting Ceremony for Youth Behavioral Health and Resource Center.
 - Brylie, Brian and Kim S attended.
 - Facility named: Youth ...Triage... (a 23 hour facility).
 - Several elected officials attended.
 - Open yet.
 - Funded by Wa Dept of Commerce \$900K grant.
- Stabilization Center, Everson was discussed
- NAMI Wa Mental Health Champions were discussed
- Brian noted we really have some mental health champions in Olympia and provided some examples.

Board Development – Kim S.

- As related by Summer Starr at the previous NAMI Whatcom Board meeting - NAMI Washington has been active in assisting with development for a Board for a regional NAMI for a group of counties in Eastern Washington.
- The Board Development for Whatcom Community Family Network was discussed as an example of the process and regarding responsibility description.
- A prospective contact or two were met at the Greek Fest, while tabling.

Open Discussion

- Brian ordered from SAMSA material for the new 988 response line(s).
- Rosemary noted the purchase of a new copier (Ricoh), which arrived today.

Next Meeting October 9 at 5:30pm (Brian – Ice Breaker; Rosemary – Facilitate)

Adjourned 6:27 pm – Brian, Mieka.

Respectfully submitted,

Thomas R. Scott
Secretary